


DMHAS Women's REACH Program

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Women's REACH Program

- ▶ **Recovery**
 - Multi pathways to support healthy lives
- ▶ **Engagement**
 - Meeting women in their community, no wrong door
- ▶ **Access**
 - Making connections for community based resources and facilitating warm handoffs to treatment
- ▶ **Coaching**
 - Using shared experiences to encourage, support, advocate & provide a listening ear
- ▶ **Healing**
 - Modeling that recovery is possible and accessible

Structure of the Program

- ▶ Implemented March 1, 2019
 - ▶ Services delivered by 5 DMHAS contracted agencies. Each program provides the following;
 - 3 full time Recovery Navigators
 - Community based outreach and engagement to women with priority access to those who are pregnant & parenting
 - Case Management & Recovery Coaching
 - Development of collaborative relationships within their communities with medical and behavioral health providers, hospitals, DCF, police, recovery resources, etc.
 - Participation in community meetings and taskforces
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Recovery Navigators



- ▶ All 15 Women's Recovery Navigators:
 - Are women in personal recovery who are open to sharing their story to support others
 - Have completed Recovery Coach Training
 - Receive weekly supervision from their respective agency
 - Participate in a monthly DMHAS facilitated learning collaborative
 - Topics to include reproductive health, One Key Question, Circle of Security, Motivational Interviewing, Narcan & Risk Reduction Strategies, Housing/ Homeless Services, etc.
 - Open to and knowledgeable about diverse pathways to recovery, community resources, and women's health issues
 - Embrace the notion that one size does not fit all

Plan of Safe Care

- ▶ In line with the Child Abuse Prevention and Treatment Act (CAPTA) the Women's Recovery Navigator will support pregnant women and their health care providers in the development of a Plan of Safe Care.
 - Through their relationship with the woman, education on CAPTA is provided to dispel myths
 - Mom is empowered to identify who she wants to support her plan
 - A Plan of Safe Care is meant to be a community safety net for families affected by substance use. Ideally, the plan is established early in pregnancy, *prior to child welfare involvement*.
 - Plan evolves over time and is shared in advance of delivery
- ▶ Comprehensive plans address
 - Physical Health
 - Behavioral Health
 - Infant Health & Development
 - Parenting/ Family Support



Providers

CASA Inc.

Region 1 – Serving greater Bridgeport, Norwalk, & Stamford

The Connection Inc.

Region 2 – Serving greater Meriden, Middletown, & New Haven

Advanced Behavioral Health

Region 3 – Serving greater New London, Norwich, & Windham

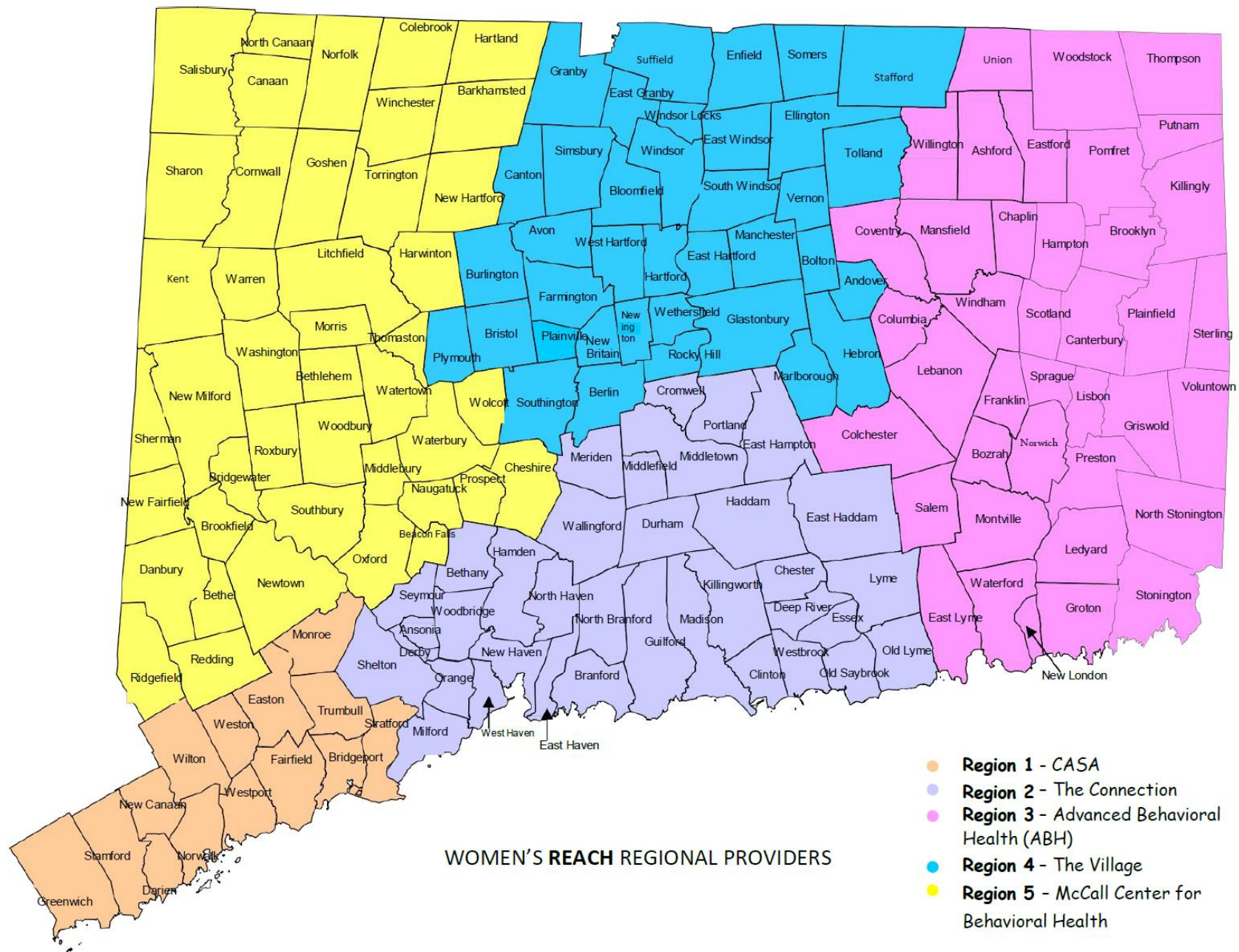
The Village for Families & Children

Region 4 – Servings Bristol, Hartford, Manchester, & New Britain

McCall Center for Behavioral Health

Region 5 – Serving Danbury, Torrington & Waterbury





Early Numbers

- ▶ Since March 1st
 - 53 women have been enrolled in the program
 - 3 Plans of Safe Care have been developed with pregnant women
 - Extensive outreach has been done statewide including to
 - 26 Hospitals
 - 9 DCF Offices
 - 12 Police Departments

For Additional Information

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